

## Positive Alternatives 2015-16 Quarterly Update

**Grantee: CHOICES PREGNANCY CENTER**

**Goal: To provide support encouraging women of Redwood Co. and surround area to carry pregnancies to term, and to care for their babies after birth**

**For the period:**

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Administrative Activities</b>	Provide guidance to grant staff; complete grant forms and requirements; attend required grant meetings; hire and train grant staff		Bi-weekly mini training sessions with staff continue. Evaluation report completed.	
<b>Outreach</b>	Offer on-site parenting, pregnancy and life-skills education lessons to pregnant or parenting students in 3 area high schools		Summer months make working with the schools directly to be unlikely. Continuing outreach through social media and educational blog.	
<b>Crib Distribution/ Sleep Safety Education</b>	Provide Safe Sleep education and opportunity to earn Pack n Play or Crib	1 - 2	Four clients, along with their partners, received safe sleep training. Evaluation was completed with a pre-test and post-test for this lesson. Great improvement was shown in knowledge and application of a safe sleep environment.	4
<b>Life-Skills Education Program</b>	Provide individual lessons on relevant life skills in an incentive program	1 - 2	First aid and CPR skills were learned to help with parenting safety and ability to help one's community.	4
<b>Nutrition</b>	Provide individual lessons on good nutrition during pregnancy and for breastfeeding and infancy	3 - 6	Clients learned breastfeeding and starting solids when their baby is ready.	4

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<b>Parenting Education</b>	Provide individual sessions on relevant parenting topics in an incentive program	30	Discipline, child development, managing tantrums, and infant massage were popular topics during this quarter.	60
<b>Pregnancy Education</b>	Provide individual sessions on relevant pregnancy and childbirth topics in an incentive program	15	Healthy pregnancy, fetal development, and managing labor were topics for pregnancy education this quarter.	23
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	1	Client was in need of services, but unsure of staying in the area. Received information and referral but did not sign up for Earn While You Learn.	1
<b>Transportation</b>	Provide transportation vouchers or gas cards to help clients attend individual classes at the pregnancy center	2 - 3	Transportation help allowed 6 visits to the Center for Earn While You Learn lessons.	6

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	13
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	2

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	1
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	4

**Challenges:**

**Comments:**